



## James R. Rick Howland Sr.

March 16, 1944 - August 31, 2021

James R. "Rick" Howland, Sr. age 77 passed away Tuesday August 31, 2021. He was born March 16, 1944 in Huntington, West Virginia to the late Harold and Dorothy (nee Davila) Howland. After high school Rick selflessly joined the United States Navy and was assigned to the USS Lawrence upon which he took part in the Cuban Missile Crisis. Included in his duties was defending the ship which he did on multiple occasions. Rick is survived by his children James R. Howland, Jr., Virginia Howland; siblings Mike Howland, Rita Beard and was also survived by many other family and friends. Services were held at the convenience of the family. Online condolences may be left at [www.weigelfuneralhome.com](http://www.weigelfuneralhome.com).